

Felixstowe Waves Swimming Club

Newsletter

November 2011



WAVES

Club Championships December

3rd

This is the main event on our calendar so if you haven't returned your form to Diane please do so by November 25th.

Congratulations to three 'old hands' who have again been selected to swim for

Suffolk

Well done to James Casburn, Jack Beckett and Daniel Finegan for their selection for the Suffolk team on December 11th.

Fees increase.

Unfortunately due to an increase in pool hire costs at Felixstowe Leisure Centre for 2012 (and Woolverstone last year and this year) we have to increase our fees slightly from January 2012. This is our first increase for two years. Please adjust your standing orders to the new amounts from January as follows;

Seniors: £23

Platinum and Gold: £40

Silver: £33

Bronze: £27

Junior: £23

Teaching groups: £17

Many thanks.

Welcome to the following new members:

Isabel Bolton-Smith. Improver 4

Calum and Gregor Tait. Silver squad.

Mason Downey. Improver 2

Gabriella Spalding. Junior squad.

Abbi Swain. Improver 1

Elliot and Jacques Swain. Bronze squad.

We hope you enjoy swimming with us.

Communication.....Please let us know asap if your contact details change.

New kit for Christmas

Orders must be taken for FSC kit by December 1st if they are to be Christmas gifts. The kit is available as follows;

Adult hoodies are £20 in sizes small (36") medium (40") large (44") XL (48")

Children's are £16 5-6yrs, 7-8yrs, 9-10yrs, 12-13yrs.

Adult polo shirts are quick dry and the same sizes as the adult hoodies. £18.

The children have T-shirts as XS. The other sizes are for adults - S,M,L,XL. All are £14.

There is also a bag for £20. Please order through Emma.

FSC Swim Shop

This is just to remind you that Jill Pane; our shop lady can be contacted on (01394) 211561. She always carries hats (priced £3.20) and is at the pool on Friday, Wednesday and Sunday!!

We are online at:

<http://www.felixstowe-waves.co.uk>

Term dates 2011-2012

Learners & Improvers

Term	Start	Finish
Autumn	Friday 9th September	Friday 16th December
Spring	Friday 7 th January 12	Friday 30 th March
Summer	Friday 20 th April	Friday 20 th July 12

Squads

Term	Start	Finish	Notes
Autumn	Friday 2 nd September	Wednesday 21 st December	
Spring	Wednesday 4th January	Wednesday 4 th April	Good Friday is April 6th
Summer	Wednesday 11th April 12	Sunday 29th July 12	

Squad times are as follows:

Seniors: Friday 9-10pm, Sunday 7.45-8.45AM, Monday 7.30-9.00PM, Wednesday 6.30-7.30AM

Platinum Friday 9-10PM, Sunday 7.45-8.45AM, 7.30-9.00PM, Monday 7.30-9.00PM, Wednesday 6.30-7.30AM, Wednesday 6.30-7.30PM

Gold: Friday 9-10PM, Sunday 7.45-8.45AM, 7.30-9.00PM, Monday 7.30-9.00, Wednesday 6.30-7.30AM, Wednesday 6.30-7.30PM

Silver: Friday 7.30-9PM, Sunday 7.45-8.45AM+ 6.30-7.30 PM, Wednesday 5.30-6.30PM

Bronze: Friday 8-9PM, Sunday 6.30-7.30PM, Wednesday 5.30-6.30PM

Juniors: Friday 7.30-8PM, Sunday 6.30-7.30PM

The Competitive Start Award

On Friday nights we have a lane for swimmers working on the Competitive Start award for diving. This is by invitation only. We are now at the point where nearly all of our squad swimmers have nearly completed this so members of the Junior squad will be invited, (up to six at a time) to participate.

Membership Fees

Many thanks to everyone who has paid their membership fees. Unfortunately, we are currently chasing a few who have not yet paid so please see Birgit with your £20 which was due by October 31st and save her some time.

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Junior Triathlon Summer 2012

This is to give you advance warning that Chris will be organising training for a Junior triathlon team in August for all those who wish to run, cycle and swim!!!

Look out for your invitation next term.

There will also be letters inviting members to take part in the Great East Swim in June 2012 and in Open Water events so be prepared!!

Collecting children

Please can we ask for safety reasons that swimmers wait to be collected inside the Leisure Centre.

Club Championship Trophies

Fiona has asked that all trophies from last year's championships be given back by December 2nd. She will be at the pool on Fridays November 25th and December 2nd. Otherwise please drop them at her house, 16 Cliff Road and leave them in the porch if no-one is home.

FSC gala calendar

date	gala
26 th November	Winter league
3 rd December	FSC Club Championships
17 th 18 th December	Stowmarket No Frills Gala
14 th , 15 th January	Ipswich Open
20 th , 21 st 22 nd January	Sudbury Open
Saturday 28 th January	Winter league
Saturday 11 th and 18 th February	Suffolk long course events.
Sunday 19 th February	Masters and Seniors Valentine Open at Sudbury
Saturday 25 th February	Winter league
10 th , 11 th , 17 th , 18 th March	Suffolk ASA County Championships. No relays this year.
Saturday 27 th April	Swimathon

Swimathon

We will be signing up for teams fairly early in the New Year so please keep the evening of April 27th free so we can enter several teams.

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